



Welsh NHS Confederation Annual Conference & Exhibition 2008

NEXT STEPS FOR MENTAL HEALTH SERVICES IN WALES

Ailsa Claire, Chief Executive, NHS Barnsley

- **My body, my life, my say.**
- **What people want for themselves and their communities.**
- **Self Care, Self Directed Support.**

- **Mental Health**
part of normal life.
- **Focus should be on well being, prevention, early support.**
- **Integrated, education, employment, housing.**

- **Local and community focused.**

- **Maximum self directed**
 - **Self help**
 - **Self assessment**
 - **Client held/accessed records**
 - **Information rich**
 - **Help to self direct - navigation**

Services

- **Locally focussed.**
- **Integrated.**
- **Age specific.**
 - **Children**
 - **Older person**
- **Acute pathway/no waits.**
- **Client led, evaluated.**

- **My body, my life, my say.**
- **What people want for themselves and their communities.**
- **Self Care, Self Directed Support.**