

Tuesday 30th March 2010 – Metropole Hotel, Llandrindod Wells

Session One - Mental Health and Wellbeing. *Looking through the telescope, where are we going what do we want to see?*

Timetable	Speaker	Topic	Session Content	Purpose
10.00. am	Kate Watkins	Introduction and House Keeping		
10.10. am	Steve Shrubbs	The building blocks of a modern health and wellbeing service.	A discussion exploring the ethos, principles, components and aims of a service fit for the 21 st Century.	To provide participants with an overview of the make up of modern services and the philosophy and aims that drive them.
11.30. am	Stuart Greenwell	A vision for mental health and wellbeing in Wales, our direction and aims.	A discussion on the services we should be aiming for in Wales. Including Annual Operating Framework and Intelligent Targets	To look at the building blocks in a Welsh context and paint a picture of the type of service we should aspire.
13.00. pm	Lunch			
13.30. pm	Lindsey Foyster The Mental Health Alliance	A Third Sector vision of its role in mental health and wellbeing.	A discussion on the contribution the Third Sector can and does make to mental health and wellbeing and its partnership with health and social services.	To apprise members of how the Third Sector see the future and how they could contribute to a shared vision.
14.30. pm	Dr. Huw Lloyd	Gold Standard for Primary Mental Health in Wales.	A discussion on the Primary Care perspective on mental health and wellbeing.	To understand how primary care professionals see the future and their role in service improvement
15.30. pm	Steve Shrubbs	Review of the day and wind up discussion.	Capture key points from the day's discussion, get impressions of how what participants have heard fits with their initial impressions of existing services.	
16.00. pm	Tea and depart			